

Anne Ancelin Schützenberger
International School of Psychogenealogy
and
Transgenerational Therapy

CPTT - Certificate of Practitioner in Psychogenealogy and Transgenerational Therapy

Dear friends and colleagues,

We are thrilled to be launching a new edition of the training CPTT - Certificate of Practitioner in Psychogenealogy and Transgenerational Therapy.

Contents of the CPTT Training

The training modules provide in-depth insight and the most effective, evidence-based strategies which can be immediately implemented in your professional practice. This comprehensive training program with its theoretical framework and experiential format is presented in 6 weekend modules. The training program is designed to give an opportunity for **personal exploration** and **professional development** in a safe and supportive environment.

The program includes:

- Conceptual framework and applications of Psychogenealogy
- Genosociogram
- Transgenerational Psychodrama
- Individual Supervision
- Group Supervision on clinical cases
- Group Psychotherapy and Group Processes
- Trauma-sensitive Therapy
- Transgenerational Trauma
- Collective Trauma
- Resilience and Post-traumatic growth.
- Transpersonal and Existential methods
- Incognito Psychodrama
- Internal Psychodrama
- Transgenerational Sociodrama
- Transgenerational Dance Movement Therapy
- Body-based interventions

- Dreamwork
- Use of Toys, Symbolic Objects, and Masks
- Healing Rituals
- Expressive techniques
- Sexuality
- Relational therapy skills
- Ethical principles

CPTT Certification

The CPTT will be awarded to those who have completed:

- Participation in 6 weekend training modules
- Demonstration of advanced knowledge and competencies in Psychogenealogy and Transgenerational Therapy tools and techniques.
- Intervision
- Supervision
- Transgenerational Therapy work with clients
- Presentation of a written clinical paper

CPTT Certification allows you to work within the scope of practice of your professional license.

Benefits of CPTT Certification

- Professional recognition and clinical expertise
- Personal awareness and transformation
- Visibility on the International Directory of Certified Practitioners: your photo, contact information and bio will be published on the School Website: www.psychogenealogy.org
- Inclusion in an international network of Transgenerational therapists and like-minded professionals
- Opportunities for continuing education and supervision
- Admission to advanced ACPTT training and to the selection to become a Certified Trainer and Supervisor for the School

Admission to the CPTT

CPTT training is open to all practitioners who work in fields where psychogenealogy and Transgenerational Therapy can be relevant. Previous or ongoing personal psychotherapy is required of all applicants. Submission for enrolment should be sent using the Application form attached to this mail.

CPTT Certification Process and Dates of the training

- Submission of the application form for enrolment. The form should be filled out and sent to psychogenealogy@gmail.com
- Participation in the **first** three-day module **in presence** and **online** (hybrid) in Hotel Riviera, Carcavelos, Portugal, with Leandra Perrotta and Manuela Maciel, on the **20th - 21st - 22nd September 2024**
- Participation in the **second** two-day module **online**, with Manuela Maciel, on the **23rd - 24th November 2024**

- Participation in the **third** two-day module **online**, with Leandra Perrotta and Manuela Maciel, on **18th - 19th January 2025**
- Participation in the **fourth** two-day module **online**, with Leandra Perrotta, on the **22nd - 23rd March 2025**
- Participation in the **fifth** two-day module **online**, with Leandra Perrotta and Manuela Maciel, on the **3rd - 4th May 2025**
- Participation in the **sixth** and final two-day module **online**, with Leandra Perrotta and Manuela Maciel, on the **5th - 6th July 2025**
- Participation in small Intervision groups to practice and discuss transgenerational methods and techniques for at least 38 hours. Intervision may be done on Zoom. Practicing with like-minded individuals in a safe and caring small group provides a sturdy pillar of support for your professional development.
- Participation in a closed and private WhatsApp group to foster a sense of community and to serve as a guidepost on your transgenerational journey. Active participation will help integrate your practice in the context of your personal and professional life.
- Transgenerational Therapy Work with clients, including preparation and reflection, for at least 40 hours.
- Individual supervision with one of the School Supervisors for at least 3 sessions of 50 minutes to discuss your transgenerational Therapy work in preparation for the final paper. Supervision can be done on Zoom. A list of supervisors will be provided by the School. 3 sessions of individual Supervision are included in the tuition fee.
- Submission of a final paper presenting a case study (between 10 and 15 pages long), a Genosociogram, and a theoretical framework of Transgenerational Therapy.

CPTT Training Schedule

All times are in Central European Time (Oslo time).

1. The schedule for the 1st module in presence and online (hybrid), will be from 13.00 – 20.00 Central European Time.
2. The schedule for the 2nd module online will be: Saturday from 13.00 – 20.00 Central European Time, and Sunday from 16.30 – 20.00 Central European Time.
3. The schedule for the 3rd module online will be: Saturday & Sunday from 13.00 – 20.00 Central European Time.
4. The schedule for the 4th module online will be: Saturday from 13.00 – 20.00 Central European Time, and Sunday from 16.30 – 20.00 Central European Time.
5. The schedule for the 5th module online will be: Saturday & Sunday from 13.00 – 20.00 Central European Time.
6. The schedule for the 6th module online will be: Saturday & Sunday from 13.00 – 20.00 Central European Time.

Requirements for CPTT Certification

The program amounts to a total of **165** training hours towards the CPTT certificate and it includes the following: First Module (21 hours), Second Module (10.5 hours), Third Module (14 hours), Fourth Module (10.5 hours), Fifth Module (14 hours), Sixth Module, (14 hours), Transgenerational Therapy Work with clients, including preparation and reflection (40 hours), Supervision (3 hours) and Intervision (38 hours).

Certification will take place upon completion of 165 training hours and presentation of a final written paper presenting a case history, as well as demonstration of knowledge and competence in Transgenerational Therapy tools and techniques.

CPTT students should be in the process of their own personal psychotherapy or should have undergone at least 100 hours of individual or group psychotherapy.

Required Attendance

Required attendance for certification is at least 85% of the teaching modules. You are required to attend a minimum of 10 days out of 12 in order to be certified.

Recording of training sessions

Recordings of all tuition sessions will take place and will be available for students. Recordings are subject to confidentiality.

Residential and travel costs

Residential and travel costs to Portugal for the first module are not included in the fee. The first module will take place in **Hotel Riviera**, in Carcavelos, a few minutes walking distance from the beach.

The address of the Hotel Riviera, where the first tuition module will take place, is:

R. Bartolomeu Dias 148, 2775-551 Carcavelos, Portugal.

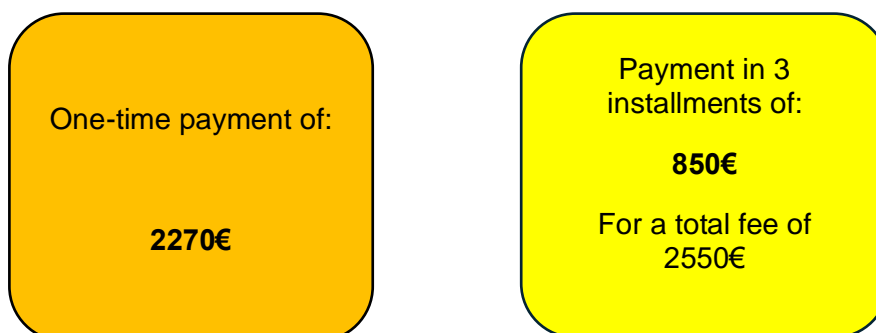
Several hotels are also available in the area, as well as Airbnb, with a variety of different prices. We suggest you book a room early, given it is high season in Portugal.

Tuition fee

The tuition fee comprises 6 training modules and 3 hours of individual supervision.

There are no added tuition costs.

The tuition fee is payable in 2 different solutions:



Payment

The one-time payment of 2270€ is payable upon registration. Enrolment in the CPTT Certification Program ends on 31st August 2024. A limited number of places is available. We will follow the order of registration.

For payment in 3 instalments, please find the deadlines of each instalment below:

1. Instalment fee of 850€ due: upon registration (by 31st August 2024 at the latest).
2. Instalment fee of 850€ due: by 1st November 2024.
3. Instalment fee of 850€ due: by 15th March 2025.

Application and Payment procedure

Please fill out the registration form attached to this mail. Upon approval of your application, please confirm your registration to the CPTT Training with payment of the tuition fee, within 7 days of being accepted. Payment should be made by bank transfer to the School. Tuition fees must be received in the exact amount. Please make sure you pay for any extra fees relating to the bank transfer.

VAT

If you require a receipt for “**Transgenerational Therapy**”, no additional VAT is needed.

If you require a receipt for 'Transgenerational Training,' an additional 23% VAT will be applied to the fee. The invoice will specify whether VAT is included, based on whether the receipt is issued to an individual or a company and whether you are located within the European Community.

Please ensure the bank transfer description is accurate and includes the correct amount, specifying whether it is with or without VAT.

Please make out your payment to:

Anne Ancelin Schutzenberger International School

Bank Millennium BCP, Portugal

IBAN: PT50 0033 0000 4556 2756 9690 5

BIC/SWIFT: BCOMPTPL

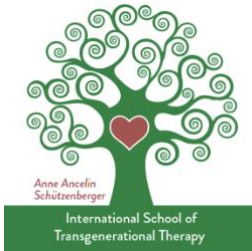
Address: Rua do Guadiana, 76 2785-319, Parede, Portugal

Mail: maciel.manuela@gmail.com

Cancellation and withdrawal policy

By registering for the training organized by the Anne Ancelin Schützenberger International School of Transgenerational Therapy, you agree to the following Cancellation and withdrawal policy:

1. If you cancel more than 61 calendar days before the start of the scheduled training, 75% of the full amount will be refunded.
2. If you cancel between 30 and 60 calendar days before the scheduled training, 50% of the full amount will be refunded.
3. If you cancel between 1 and 29 calendar days before the start of the training or withdraw during the training, no refund will be possible.



Anne Ancelin Schützenberger
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Teaching staff



Founder

Anne Ancelin Schützenberger
International School
of Psychogenealogy and Transgenerational Therapy

Anne Ancelin Schützenberger (France) developed the main concepts of Psychogenealogy and was a pioneer in the clinical and academic field of Transgenerational therapy. Anne was Professor Emeritus at the University of Nice, France. She was trained in psychodrama by JL Moreno and by Jim Ennis in the United States; in group-dynamics and psycho-sociology with Kurt Lewin's group, Leon Festinger and Ronald Lippitt. Anne had over 40 years of experience as a therapist and analyst and was a well-respected authority, particularly in the field of Group Psychotherapy and Psychodrama. Anne trained, conducted groups and lectured in psychogenealogy, psychodrama, non-verbal communication, group psychotherapy until her death at 99 years old.



Founder
Trainer and Supervisor

Anne Ancelin Schützenberger
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Manuela Maciel (Portugal) is a Clinical and Social Psychologist, and Psychodrama Director for 30 years. She is an experienced individual, group and educational therapist. She was the Chairperson of the Psychodrama Section of the IAGP - *International Association of Group Psychotherapy and Group Processes* (2003-2009). Member of the board, supervisor and teacher in the Portuguese Psychodrama Society (SPP). Manuela was trained in Psychogenealogy by Anne Schützenberger and has additional training in cognitive-behavioral therapy and EMDR. She was Founder and President of EMDR Portugal and Founder and Consultant of International Sociodrama Conference (2007-2018). She edited books and articles in Psychodrama, Sociodrama and Transgenerational Therapy. She wrote the Preface of the Portuguese Edition *Le Plaisir de Vivre*, Editora Sinais de Fogo, 2008.



**Founder
Trainer and Supervisor**

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Leandra Perrotta (Italy/Australia) is a Clinical Psychologist, Specialist in Psychotherapy, and Trainer and Supervisor of Dance Movement Therapy and Jungian Psychodrama, living in Norway. She is a Teacher at the post-graduate institute IPAP - *Psychotherapy Institute of Analytical Psychology and Jungian Psychotherapy* in Italy, and Trainer and Supervisor at the *Mediterranean Association of Psychodrama* in Italy, and *Moreno Huset* in Norway. She is Past President of FEPTO - *Federation of European Psychodrama Training Organizations*. Some of her published works on Psychogenealogy are: «Clarifying patterns of invisible loyalty Transgenerational Psychodrama and Dance Movement Therapy, in *Zeitschrift for Psychodrama und Soziometrie*, Springer», 2022; «Reconnecting with Ancestral Roots: Transgenerational Psychodrama in Brazil» in *Public Psychodrama in Contemporary Time*, Agora, 2016; «Transgenerational Echoes of Violence: Jungian psychodrama as a Path to Individuation» in *Daphne and the Centaurs - Overcoming Gender based Violence*, Barbara Budrich Publishers, 2013; Preface to the Italian edition of *Plaisir de Vivre*, Anne Ancelin Schützenberger, Di Renzo Editore, 2010; Introduction to the Italian edition of *Psychogénéalogie*, Anne Ancelin Schützenberger, Di Renzo Editore, 2011.



Founder

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Yaacov Naor (Israel) (MA, CAGS, TEP) Certified Therapist, Trainer and Supervisor in Psychodrama, Group Psychotherapy and Expressive Arts Therapy. An expert on Transgenerational Transmission of Trauma. Founding member and first president of the Israeli Association of Psychodrama. Since 1986 he has been leading special psychodrama groups for second and third generation Holocaust survivors together with young Germans and between Palestinians and Israelis. Founding Member of FEPTO. Served on the board of IAGP- the International Association of Group Psychotherapy and Group Processes as Chair of the Psychodrama Section.